CLARKE COUNTY HIGH SCHOOL EMERGENCY CARE INFORMATION

In case of an emergency, the school staff will contact 911.

Every attempt will be made to contact a parent/guardian or a designated emergency contact. STUDENT NAME School Date of Birth / / Sex: Male or Female Last First SS# Middle Grade _____ FATHER ADDRESS TELEPHONE Last____ ____ Home _____ ______ Work _____ First _____ Middle _____ Cell ____ MOTHER **ADDRESS TELEPHONE** ______ Home _____ _____ Work _____ Last First Cell ____ Middle ADDRESS TELEPHONE LEGAL GUARDIAN _____ Home _____ ____ Work _____ Last_____ First Cell ____ Middle Student resides with | FATHER | MOTHER | BOTH | LEGAL GUARDIAN LIST 2 PERSONS WE SHOULD CALL IN AN EMERGENCY IF THE PARENT(S)/GUARDIAN CANNOT BE REACHED: Relationship Telephone Relationship Telephone ADDITIONAL INFORMATION Name of Student's Physician Physician's Telephone # Name of Health Insurance Company Policy/Group/Employee Number or HMO # Insurance Company's Telephone # MEDICAL INFORMATION (Check all that are applicable) □ Allergies, Be Specific _____ ☐ Heart Problems, Be Specific □ Foods _____ □ Medicine _____ □ Hemophilia □ Bee or Insect Allergy □ Physical Disability, Be Specific □ Cancer □ Diabetes □ Respiratory Disability, Be Specific □ Digestive, Be Specific _____ □ Seizures □ Other, Please List _____ □ Hearing List all medical conditions for which your child receives continual care: List all medications and dosages your child receives on a continual basis: The school has my permission, in an emergency when I (or my physician) cannot be contacted, to take my child to the emergency room of the nearest hospital, where the hospital and its medical staff have my authorization to provide treatment, which a physician deems necessary for the well-being of my child. **Student Information Release** The school has my permission to use my child's name, stats, athletic team information and photo on the school website, emails or information submitted to the press. Please answer yes or no and sign below. □ YES □ NO By signing below, I certify that the above information is correct. Signature of Parent/Legal Guardian: _____ Date: _____

CLARKE COUNTY HIGH SCHOOL

ATHLETIC HANDBOOK

2014 - 2015

This Athletic Handbook was created to inform parents, coaches, and athletes of all procedures, policies, rules, and expectations for all athletic programs at Clarke County High School.

All parents and athletes must sign the form below acknowledging that you have received, understand, and will abide by all regulations set forth in this handbook. All handbook procedures become effective on the first day of tryouts.

To try to reduce paper usage in the athletic department, we encourage everyone to download the handbook from our athletic webpage www.clarkecountyathletics.org.

Return the signed form to your coach. If you don't have access to the student athletic handbook online, please contact the athletic department to receive a hard copy.

I have read, understand and agree to abide b	y the terms and conditions of the Cla <u>rke Co</u> unty
High School Athletic Handbook for the 2014 -	2015 school year.
Parent Name (Print)	· · · · · · · · · · · · · · · · · · ·
Parent Signature	Date Signed
Athlete Name (Print)	
Athlete Signature	Date Signed



Clarke County School Board 317 West Main Street Berryville, Virginia 22611

DRUG SCREENING CONSENT FORM

l,Student's Name	, knowingly and willingly authorize the			
Clarke County School District to conduct a specific test on a urine specimen, which I provide, to ascertain whether or not there is evidence of my use of drugs and/or alcohol. I also agree to release information concerning the results of such a test to the Clarke County School District, through its agents (the Superintendent and/or Superintendent's Designees) and to my parents and/or guardians.				
If I am, or have been, taking prescription media prescription medication (either by a copy of the request. My refusal could be a factor in determ	e prescription or a docto	r's authorization) upon		
I am aware and agree that this requested infor provided to the system's appointed medical re		cription medication shall be		
I am further aware and agree that the consent the privilege of participating in athletics in the				
I further understand and agree that the Clarke obligations but is merely acting to help promot safe athletic environment.				
Student Signature	Date	Social Security #		
Parent/Guardian Signature	Date			
School Representative Signature	Date			
School				



CODE OF CONDUCT AND ELIGIBILITY REQUIREMENTS FOR STUDENT-ATHLETES OF CLARKE COUNTY PUBLIC SCHOOLS

- 1. It is a privilege, not a right, to participate on an interscholastic team. Therefore, this privilege can be revoked for improper conduct of a student at school or in the community. Any appeal of the revocation of this privilege may be made through the Athletic Director's office.
- 2. The student-athlete shall be a regular bona-fide student in good standing of the school, which he/she represents.
- 3. A student-athlete who is apprehended by a school official for possession of or smoking, dipping, and/or chewing tobacco products will be removed from the team for the remainder of the season.
- 4. On the student-athlete's first offense, a student-athlete who is caught stealing will be dismissed from the team for the remainder of the athletic season.
- 5. The next item is independent from the drug-testing program's policies for a positive test. Make sure you understand that being found in possession of drugs/alcohol and testing positive on the drug test are different events and carry different penalties or conditions.
 - THE CODE OF VIRGINIA STATES THAT POSSESSION OF ALCOHOL OR ILLEGAL DRUGS MAY RESULT IN EXPULSION FROM SCHOOL. ANY STUDENT FOUND IN POSSESSION OF ALCOHOL OR ILLEGAL SUBSTANCES WILL BE DISMISSED FROM THE TEAM. THAT STUDENT MUST MEET WITH THE PRINCIPAL AND ATHLETIC DIRECTOR BEFORE THEY ARE ELIGIBLE TO PLAY ANOTHER SPORT. ANY STUDENT INVOLVED IN THE SALE OR DISTRIBUTION OF ALCOHOL OR DRUGS ON SCHOOL PROPERTY OR AT A SCHOOL SPONSORED ACTIVITY WILL BE RECOMMENDED TO THE SCHOOL BOARD FOR DISIPLINARY ACTIONS UP TO AND INCLUDING EXPULSION.
- 6. In order to be eligible to try out for or to participate in any school-sponsored interscholastic athletic program, the student-athlete must agree to submit to a physical examination and random drug analysis. The physical exam must be conducted after May 1 for participation in athletics for the succeeding school year and must be completed before the student will be allowed to participate in any manner. All student-athletes must agree to the random drug testing throughout the season; a parent or guardian must also signify agreement with this policy in writing.
- 7. Every student-athlete will be encouraged to maintain a grade letter of "C" or better in every class during the season.
- 8. A student-athlete who is suspended to site(F&M Building) will receive the following consequences:
 - First Offense A conference with the parent/guardian, coach and athletic director. The student-athlete will also receive a one game suspension upon return to the high school.
 - Second Offense The student-athlete will be dismissed from the team. In order for the student-athlete to be eligible for another sport he/she must have a conference with the athletic director.
- 9. Student-athletes must obey all rules of the team, school, VHSL, City, State and Nation, being accountable for their actions during contests, at school or away from school, 7 days a week, 24 hours per day, while in their athletic season.
- 10. If a student-athlete is ejected from a contest by an official, the player will not participate in the next contest unless successfully appealed. Then the situation will be reviewed by the coach, the player, the athletic director, and the school administration prior to final action being taken by the administration. Action could range from no additional restrictions to suspension for the rest of the season.
- 11. NO STUDENT-ATHLETE WILL BE ALLOWED TO TRY OUT FOR A TEAM UNTIL OUTSTANDING OBLIGATIONS ARE MET AND REQUIRED ATHLETIC FORMS ARE COMPLETED (CODE OF CONDUCT, DRUG TESTING, PHYSICAL EXAMINATION FORM, INSURANCE RELEASE, AND EMERGENCY RELEASE.)

My signature verifies that I have read all relevant athletic policies of Clarke County Public Schools. I understand and accept the above criteria and the Code of Conduct for Athletes of Clarke County Schools as prerequisites to being allowed to participate on an athletic squad. If I am unclear about any policies, it is my responsibility to contact my coach or athletic director.

PARENT SIGNATURE/DATE	
STUDENT SIGNATURE/DATE	



CLARKE COUNTY PUBLIC SCHOOLS ATHLETICS

(Please fill out either the insurance waiver <u>or</u> insurance verification.)

INSURANCE WAIVER

	·
We, the parents or guardians of	do hereby
	is not in force for our son/daughter that will pay the medical or surgical expense that , that the above named student/athlete may receive as a result of practicing or bunty Public School system.
adequate financial coverage for any ty- release the Clarke County School Syst	the above named student/athlete do not have an insurance policy which will provide pe injury or whatever might result therefrom, we, the parents or guardians agree to tem or any part thereof, from any obligation as pertains to financial responsibility in school year or any period of time thereafter.
DATE	SIGNATURE OF PARENT OR GUARDIAN
popuju suuseen uuseen suuseen kossessi kasaisia kirisiste käsikka	BOSHE SPACE BOSHE
	INSURANCE VERIFICATION
We, the parents or guardians of	have insurance with
Name of Insurance Company	Policy Number
receive as a result of practicing or perf	penses that result from any injury, major or minor, that the above-named student may forming in athletics in the Clarke County Public School system. This insurance will athlete while traveling to or from practice sessions or scheduled performances.
financial coverage for any type injury or release the Clarke County School Syst	the above-named student have an insurance policy which will provide adequate or injuries or whatever might result therefrom, we the parents or guardians agree to tem or any part thereof, from any obligation as pertains to financial responsibility in school year or any period of the thereafter.
DATE	SIGNATURE OF PARENT OR GUARDIAN



CLARKE COUNTY HIGH SCHOOL ATHLETIC DEPARTMENT

627 Mosby Boulevard
Berryville, Virginia 22611
540/955-6130 540/955-6139 FAX
www.clarkecountyathletics.org

Dear Parent/Guardian,

Signature of Parent

Valley Health has provided our high school with an opportunity to use an innovative program for our student-athletes. The program is called lmPACT™ (Immediate Post Concussion Assessment and Cognitive Testing) and is a computerized exam that the athlete takes prior to the season. If the athlete is believed to have suffered a head injury, he or she re-takes the test to help determine a) the extent of the injury, b) the location of the injury, and c) when the injury has healed. The system is used throughout professional sports, has been mandated in the NHL, and is fast becoming the "gold standard" in recognizing and better managing concussion-type injuries. The University of Pittsburgh Medical Center's Sports Concussion Program is the founding group of this software (www.impacttest.com).

The test takes about 15-20 minutes. The program is basically set up as a "video-game" type format. What it is doing is giving the brain a preseason physical of its cognitive abilities. It tracks information such as memory, reaction time, processing speed, and concentration. It is simple, and actually most who take it enjoy the challenge of the test. If a concussion is suspected, the test is re-taken, parents are notified, and the information is shared with your student's physician to help determine when return to play is appropriate and safe.

Mariecken Fowler, MD, board-certified neurologist of Winchester Neurological Consultants, and John Lewis, PsyD, neuropsychologist of Neuropsychology Associates of Winchester, have successfully completed the ImPACTTM Concussion Management Software Training Workshop and will be involved throughout the year in monitoring the program. This program does not replace the involvement of your family physician with your student's general healthcare. If there is evidence of cognitive dysfunction related to a concussion, a physician's release will be required before your student returns to play.

The administration, coaches, and athletic training staffs are trying to keep your child's health and safety at the forefront of the high school athletic experience. Please sign the section below and return it to the athletic department in order for your student to participate. If you have any questions regarding this program please feel free to contact me.

me.	
Sincerely,	
Lindsay Griego MS, ATC	
griegol@clarke.k12.va.us	
For use of the Immediate Post-Concussion Assessment	
I have read the above information. My parent(s) and I agree Program.	to participate in the ImPACT™ Concussion Management
(Please check one)	
☐ Parent consents for student athlete to take the li	mPACT™ test.
☐ Parent does not give consent, and athlete will no	ot be tested.
☐ Athlete has had ImPACT™ baseline testing with	in the past two years at this school.
Printed Name of Athlete	
Sport(s) in which Athlete Participates	
Signature of Athlete	Date